

## SPA SELECTIONS

**CAESAR SALAD**

Romaine, House Caesar Dressing, Parmesan Cheese, Garlic Croutons...8.00  
with chicken...11.00

**GREEK SALAD**

Romaine, Feta Cheese, Tomato, Cucumber, Kalamata Olives, Pepperoncini,  
Olive Oil & Balsamic Vinaigrette...7.00      add chicken...10.00

**CHEF SALAD**

Ham, Turkey, Swiss, Cheddar, Tomato, Avocado, Hard Boiled Egg,  
Choice of Dressing...11.00

**APPLE AVOCADO SALAD**

Walnuts, Bleu Cheese, Raspberry Vinaigrette...8.00      add Chicken...10.00

**All Salads Come with Choice of Dressing:**

USDA Organic Raspberry Vinaigrette, Fat Free Italian, Italian, Light Balsamic Vinaigrette,  
Balsamic Vinaigrette, Caesar, Ranch, Bleu Cheese, Thousand Island

**MT. HOPE HUMMUS PLATE**

Carrot and Celery Sticks, Pita Wedges, Pepperoncini and Kalamata Olives...5.00

**YOGURT PARFAIT**

Low Fat Strawberry Yogurt, Fresh Berries, Low Fat Granola...5.00

**GYROS**

Warm Grilled Pita Filled and Rolled with Romaine, Tomato, Onion, Feta Cheese,  
Cucumber Tzaitziki Sauce, Pepperoncini and Kalamata Olives

with grilled lemon-pepper salmon...10.00  
or grilled marinated chicken breast...10.00  
or vegetarian with hummus...8.00

**SNACK BASKETS**

Onions Rings, Fried Zucchini, Boneless Buffalo Chicken Wings...7.00

**FROM THE GRILL****MARINATED CHICKEN BREAST SANDWICH**

Brioche Roll, Herb and Extra Virgin Olive Oil Marinade, Lettuce, Tomato and Onion...9.50

**\*ANGUS BURGER**

Brioche Roll, Your Choice of Cheese and Toppings...10.00

Turkey Burger Also Available

**HEBREW NATIONAL ALL BEEF HOT DOG**

with Relish and Onions...7.50

## SPECIALTIES

*All Sandwiches include choice of chips, fries, or cottage cheese*

**TURKEY MELT**

Melted Cheddar Cheese, Roasted Red Peppers, Chipotle Mayo on Sourdough Bread...9.00

**TUNA MELT**

Tomato, Avocado, Provolone on English Muffin...9.00

**BUFFALO CHICKEN WRAP**

Spicy Wing Sauce, Lettuce, Tomato, Avocado, Ranch Dressing  
Chipotle Tortilla...9.50

**DELI SANDWICH**

Ham, Oven Roasted Turkey, Chicken Salad or Tuna Salad with Lettuce, Tomato, Cheddar,  
Swiss or Provolone Cheese, Choice of Bread...9.00

*We proudly serve Boar's Head Deli Meats*

**BEVERAGES****Soda by the Can...2.00**

Mugs Root Beer, Club Soda, Ginger Ale,  
Coke, Diet Coke, Caffeine Free Coke, Pepsi,  
Diet Pepsi, Sierra Mist, Zero Sierra Mist

**Arizona Iced Tea...3.50**

Raspberry, Peach, Lemon, Arnold Palmer

**Lemonade...2.00****Juice...2.00**

Apple, Cranberry, Grapefruit, Orange,  
Tomato, Pineapple, V8

**JUNIOR MEMBERS MENU**

5.00

**Chicken Fingers**

**Corn Dog**

**Kids Hot Dog**

**Grilled Cheese**

**Peanut Butter and Jelly**

**SONORAN DESSERTS**

Ice Cream Sandwich, Strawberry Shortcake Ice Cream Bar, or  
Vanilla Crunch Bar 3.00      Snicker Bar, Milky Way Bar 1.50

**ALCOHOLIC BEVERAGES—Mixed Drinks...8.50**

Absolut, Bacardi, Captain Morgan, Jack Daniels, Dewar's, Tanqueray, Jose Quervo

**ICE COLD BEER & WINE**

**Domestic...4.00**—Michelob Ultra, Bud, Bud Light, Coors Light

**Imported...5.00**—Heineken, Corona, Amstel Light

**Wines by the Glass...6.50**—Beringer Chardonnay & Merlot

*\* These Items May Be Cooked to Order.*

*Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of food borne illness.*